

2023

A Newsletter by

**HOPE CLINIC
OF ROSS COUNTY**

HOPE IN MOTION

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A WORD FROM OUR DIRECTOR

This year Hope Clinic has been busy and we're excited to offer help to so many in our community. We are here for those individuals who make too much money for Medicaid and don't qualify for Medicare or any other assistance. For those who cannot afford high premiums for insurance and their income is under 300% of the federal poverty guidelines. For those who are facing a health crisis and need information or assurance or help knowing what to do.

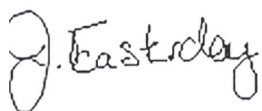
Hope Clinic began 12 years ago as a ministry to help others in need because one doctor and two nurses were continuously seeing patients fall through the cracks in the system. They would let their healthcare go unattended because they lacked insurance. Unfortunately that lack of care caused conditions such as cancers, heart problems and organ failure to become an issue. Routine healthcare could have possibly prevented these patients from needing hospital care and their conditions from becoming chronic.

Our patients are not looking for a hand out, but a hand up. Many of them lost their jobs and find themselves without health insurance. Some recently divorced and lost their coverage. Others have difficult circumstances making them unable to afford out of pocket expenses for high premiums and deductibles. Health care costs can be very expensive!

We invite you to join us in helping those in need of some basic, routine healthcare. You can make a huge difference in their life even though you may never meet them and they may never know your name. Jesus encouraged us to help others in need when He said "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me... Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Matthew 25:35-40) Helping one another not only follows Jesus' directive, it makes us good neighbors which makes a thriving community.

On Monday evenings at Hope Clinic you will find volunteers providing free care which includes general and specialty medical services such as dermatology, orthopedic, psychiatric and endocrinology care. We offer free dental services and a charitable pharmacy. We work in partnership with Prevent Blindness Ohio to offer a free vision examination and glasses and with MidOhio Food Collective to bring fresh produce and groceries to the community. Check out "By The Numbers" in this newsletter to see how many people are able to take advantage of our services!

From the beginning of Hope Clinic our board has vowed to be good stewards of the gifts from our community. We operate on donations from individuals, churches, businesses as well as local grants and those monies are used to allow us to care for our patients and continue to expand our services. Do you know that on a small budget, Hope Clinic has invested over one million dollars worth of care back into the community in 2022 and again in 2023? That means your donation is more than quadrupled as our services continue to grow. Our patients are so very thankful for the non-judgmental and passionate care given to them. Won't you please join us at Hope Clinic in being a helping hand to your neighbor in need? Your generosity means so much to us. Thank you



Jami Easterday
Director, Hope Clinic of Ross County



HOPE CLINIC OF ROSS COUNTY



BY THE NUMBERS

Here some quick hit numbers for January - September 2023

1,544

Medical,
Dental, &
Pharmacy
Patients

RECEIVED OVER \$158,156 WORTH OF CARE



4,053

Prescriptions
Dispensed

TOTALING \$816,661

3,461

Households
Served

VIA MOBILE FOOD MARKETS PROVIDING 7,902
RESIDENTS WITH FOOD



48 Patients

RECEIVED VOUCHERS FOR FREE EYE EXAMS AND
GLASSES (IN PARTNERSHIP WITH PREVENT BLINDNESS
OHIO)

As the year draws to a close, we urge you to reflect on the impact you can make by considering a year-end donation to the Hope Clinic of Ross County. Your support will play a crucial role in advancing our mission of providing free healthcare to those in need in Ross County. Join us in making a difference and ensuring that everyone has access to essential healthcare services. Your contribution can bring hope and healing to our community. Act now and be a part of positive change.



SCAN THE QR CODE TO DONATE NOW!



HOURS



MEDICAL CLINIC
MON 5PM-7PM



PHARMACY
MON 4PM-8PM



DENTAL
EVERY 2ND AND 4TH MON
5PM-7PM

PRODUCE MARKET @CENTERPOINT CHURCH LOCATED IN SHAWNEE SQUARE
BEGINS @5PM THE 2ND AND 4TH MONDAYS MONTHLY



VOLUNTEER SPOTLIGHT

Dr. Sheilah Gray



This month Hope Clinic says goodbye to one of our wonderful longtime volunteers as Dr. Sheilah Gray retires. To say she will be missed is definitely an understatement.

Dr. Gray has believed in the mission of Hope Clinic from the first time she heard about it over 11 years ago. Before we had a dental clinic, she attended an orientation to become a volunteer in whatever capacity we needed. Coincidentally, talk of opening a dental clinic was just beginning and she jumped in with enthusiasm. Which is pretty much how she has done things throughout her professional career!

As a home-town girl and Chillicothe High School graduate, Sheilah attended OU-C to obtain a certificate as a dental hygienist. She worked for a local dentist for seven years then took the leap and attended Ohio State University and received a Doctor of Dental Surgery degree. Dr. Gray was the first female to open a practice in Ross County (1984) and she served the community for 50 years! After leaving her practice in 2014 she kept on serving by volunteering at Hope Clinic Dental and serving on our Board of Directors. Hope Clinic is not the only place Dr. Gray volunteers her time; you'll find her heavily invested in her church and other community activities.

While some may look at dental care as a luxury rather than a need, Dr. Gray knows differently. "The mouth is the entrance of the body and periodontal care is connected to heart health and other major health issues." Anyone who has ever had a toothache or an abscess knows how painful they can be and Dr. Gray wanted to make sure that lack of insurance did not leave uninsured patients with no other option than to suffer with that pain. Doing all she could in private practice and then joining with Hope Clinic, she has helped countless people over the years. The support of her family has been invaluable as Dr. Gray serves her community.

Dr. Gray believes in the mission of Hope Clinic. She loves helping others and understands their struggles. While working at Hope Clinic she said a highlight was the gratitude shown by the patients and the satisfaction of giving back even at the end of a very long day in her own practice. Hope Clinic volunteers have a high opinion of Dr. Gray: "I always looked forward to seeing and volunteering along side Dr. Sheilah Gray. Her work ethic and caring chairside manner was always a blessing to observe. The Hope Clinic Dental team won't be the same without her." "Dr Gray was instrumental in getting the Hope Dental Clinic started and continued to serve with the utmost compassion and professionalism for 10 years until her retirement. The love of Christ shone through her each time she served".

Dr. Gray, we thank you for all the ways you have been a blessing to Hope Clinic. We are so grateful to have had your support, expertise, input and dedication. You will be much missed and we wish you well in all you choose to do in the future! We love you!

Thank You!





PATIENTS STORIES

JR is a patient with a history of Afib who recently lost his job and insurance. The cost of his medication was not affordable. We were able to help him apply for help through the Patient Assistance Program. Helping him get approved made a great difference in his healthcare!

Patient MR came to the clinic because of an enlarged abdomen. Our primary care physician discovered an abdominal mass and M.R. was referred to the local hospital for care/surgery. The mass has been removed and M.R. is doing well.

RR was sent to the local hospital for a surgical consultation after being diagnosed with a pilonidal cyst.

Diabetic patient C.S. was unable to afford his medications and we were able to help him apply for and receive assistance for three different medications. During his visit to the clinic it was discovered he had decreased kidney function and we were also able to help him obtain medication for treatment.

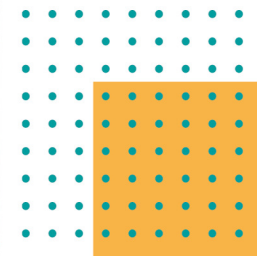
AK had been checking her BP and blood sugar at home and both were elevated. We started her on medications for both issues. She is also working on smoking cessation (all meds provided by charitable pharmacy and patient assistance programs). Patient was very upset and anxious but is now more at ease.

A recent dental patient stated if it weren't for the services he received there he would be unable to work and take care of his newborn baby.



VOLUNTEERING

Volunteering in your local community is a reciprocal act of kindness that not only benefits those you serve but also enriches your own life. The act of giving back fosters a profound sense of fulfillment and purpose. By dedicating your time and skills to help others, you forge meaningful connections, creating a sense of belonging and community. Volunteering provides opportunities to develop empathy, understanding, and a broader perspective on diverse challenges faced by others. As you contribute to positive change, you often discover hidden talents and strengths within yourself. The intrinsic rewards of altruism, such as increased happiness and a sense of accomplishment, make volunteering a powerful means of personal growth and well-being. In essence, the act of giving becomes a transformative journey that mutually uplifts both the giver and the recipient.



**FOLLOW US
ON FACEBOOK**

BIBLE VERSE INSPIRATION

EPHESIANS 4:32

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”





WHAT OUR PATIENTS ARE SAYING ABOUT HOPE CLINIC

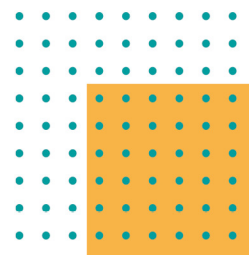
“My Provider was excellent. She listened to me, asked questions and helped me! This place is a blessing!”

“I love everything about this place. Everyone is so welcoming and understanding.”

“Thank you for your invaluable service to the community.”

“This is a wonderful place if you can’t afford your medications! Keep up the good work.”

“Thank you all very much. Without Hope Clinic I would simply suffer with the pain as I cannot afford to go to the doctor.”



OUR MISSION

The mission of Hope Clinic is to share the love of Christ by providing basic, sound, quality medical care at no cost to those who have no health insurance in a climate that is accepting, authentic, and inviting.

WHO DO WE SERVE?

Anyone who does not have health insurance and has an income that falls within 300% of the federal poverty guidelines can visit the clinic. Children as well as adults are welcomed.

WHAT WE ARE NOT

We are not to be a replacement for a primary care doctor or for services such as prenatal care, vaccinations, laceration repair, casting, emergency services, sexual assault, trauma/MVA, acute disorders, overdoses or ingestions. We do not dispense narcotics.



HOPE CLINIC OF ROSS COUNTY

"THERE IS SURELY A
FUTURE HOPE FOR YOU,
AND YOUR HOPE WILL
NOT BE CUT OFF."

PROVERBS 23:18



HOPE IN MOTION 2023

